

DUATHLON-5K & COMMUNITY WA

Saturday, July 20, 2019 Held in beautiful Cook Forest State Park

2 different timed events plus a community walk!
Fun for the whole family!
The first 50 racers to pre-register **online** will be entered into a \$100 gift card drawing at the race!



Cash prizes for race winners.

Free picnic lunch for all racers and spectators.

Great raffles, including gift cards and tickets to theme parks and sporting events.

Registration form is on the back of this flyer, OR register online at raceentry.com.

For more information, visit www.carescac.org/event

All proceeds benefit Western PA CARES for Kids Child Advocacy Center, serving abused children and their families in Jefferson, Clarion & Forest Counties

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for admin use

Western PA CARES for Kids

STOPPING THE CYCLE OF ABUSE...ONE CHILD AT A TIME

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Mail Completed	Name			Sign up for:
Entry Form To:	Address			□ 5K
Brookville YMCA 125 Main Street Brookville, PA 15825	E-Mail Phone	T-Shirt Size		☐ Duathlon Solo First Runner ☐ Duathlon Team Biker
Make checks payable to: Brookville YMCA	Male Female	Youth S Youth M Youth L	Adult S Adult M Adult L Adult XL Adult XXL	Community Second Runner Walk

	Preregister by June 28th	After June 28th
Duathlon Solo	\$20.00	\$30.00
Duathlon Team	\$12.00 each team member	\$20.00 each team member
5k Run	\$15.00	\$25.00
Community Walk	\$10.00	\$15.00

Note: Children are free for the walk (must pay if they are participating in the 5K or Duathlon). Children will not receive a t-shirt unless adult fee is paid for the child.

Registration at Shelter 2, 8:00am.

Pre-race meeting prior to start of race.

Each person is required to know and follow PA bicycling laws. Helmets must be worn during race.

Signature (Minors must have the form signed by parents or guardian)

All participants must sign a waiver and release from liability form.

Children must be accompanied by a responsible adult at all times.

Only those registrations postmarked by June 28th are guaranteed a T-shirt.

Each participant is encouraged to raise donations for Western PA CARES for Kids, Inc. and bring along on race day. Each participant bringing donations will be entered to win prizes. Any participant raising over \$75.00 will be eligible for top prizes, which include overnight getaways. The participant with the highest amount of donations gets first pick of all prizes. Please fill in sponsor information for donations. (name and address)
SPONSORSHIP FORMS SHOULD BE BROUGHT TO THE REGISTRATION TABLE ON RACE DAY.
CHECK FOR SPONSORSHIPS SHOULD MADE PAYABLE TO WESTERN PA CARES FOR KIDS.

Sponsors Name	Address/City/State/ZIP	Phone	Donation Total	Amt. Paid	Tax Receipt (Y or N)